

MY HOLIDAY CHECKLIST

BEFORE TRAVEL

- Leave forwarding hotel contact details with friend or relative
- Check passports are valid
- Check visas (if required)
- Destination guide
- Tickets and travel documentation
- Travel insurance
- EHIC card
- Driving licence (including paper part) for car hire
- Car parking
- Overnight hotel
- Check-in online and API details (if required)
- Cash
- Debit/credit card
- Flight socks for long-haul flight

MEDICINES

- Regular medication / birth control
- Pain killers (for the morning after)
- Travel sickness medication
- Diarrhoea tablets (you never know)
- Plasters
- Prescription glasses / contact lenses and solution
- Feminine hygiene
- Hand wash
- Laundry wash
- Travel iron
- Insect repellent
- Antihistamine tablets and cream

TOILETRIES

- Shampoo / conditioner / hair products
- Hair brushes / bands / clips etc.
- Shower gel / soaps
- Toothbrushes and toothpaste
- Make-up / cleansing wipes / moisturiser
- Tweezers / scissors / nail clippers
- Lip balm
- Sun cream / after-sun
- Deodorant / antiperspirant
- Perfume / aftershave
- Razors
- Beach bag and beach towel

ELECTRONICS & GADGETS - BITS & BOBS

- Camera, charger and memory cards
- Travel plugs
- Hair dryer / straighteners
- Books / Kindle
- Tablet / mobile phone and chargers
- Alarm clock

CLOTHES

- Underwear
- Sleepwear
- Day clothes
- Evening clothes
- Cardigan for chilly nights
- Shoes
- Sandals
- Trainers
- Swimwear
- Hats / scarves / belts etc.
- Jewellery
- Sunglasses

CHILDREN

- Change of clothes for journey
- Snacks / food and milk for travelling
- Nappies
- Wet wipes
- Toys and games
- Medication
- Dummies / favourite blanket